Comorbidities and Complications among Pemphigus patients: a retrospective cohort study

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Skin manifestations, due to immune dysregulation and lack of tolerance, are frequent in pemphigus patients (PV). PV presents a variable clinical picture that may include mucosal and skin manifestations. In this retrospective cohort study, we aimed to evaluate the frequency of comorbidities and complications in PV patients. A total of 96 PV patients, diagnosed between 2010 and 2020, were analyzed. The most common comorbidities included atopic dermatitis (42.7%), hypertension (38.5%), diabetes mellitus (19.7%), and obesity (16.6%). The most common complications were infections (73.2%), followed by cardiovascular diseases (4.2%). The results of this study highlight the importance of considering comorbidities and complications in the management of PV patients, in order to improve their quality of life and reduce the risk of complications.